THE TERRACE at NEWARK

"October is the opal month of the year. It is the month of glory, of ripeness"
-Henry Ward Beecher

"Octpber is crisp days and cool nights, a time to curt up around the dancing flames and sink into a good book"
-John Sinor

"Ah, Lovely October, as you usher in the season that awakens my soul, your awesome beauty compels my spirit to soar like a leaf caught in an autumn breeze and my heart to sing like a heavenly choir."
-Peggy Toney Horton

"If you're wondering what to wear, just dress like a pumpkin, you're good to go."
-Devendra Banhart

That was the year "1941"

- United States President Franklin D. Roosevelt delivers his Four Freedoms speech in the State of the Union address
- The United Service Organization (USO) is created to entertain American troops
- W47NV (now known as WSM-FM) begind operations in Nashville, Tennessee becoming the first FM radio station in the United Sates called U.S.
- In Washington D.C., the National Gallery of Art is officially opened by President Franklin D. Roosevelt
- Ground is broken for the construction of The Pentagon
- After 14 years of work, Mount Rushmore is completed

- President of the United States known as U.S. President Franklin D. Roosevelt signs a bill establishing the fourth Thursday in November as Thanksgiving (United States) known as Thanksgiving Day in the United States

Cost of Food:

Bread: $0.08 per loaf
Eggs: $0.40 per dozen
Ground Beef: $0.19 per pound
Milk: $0.50 per gallon
Coffee: $0.61 per pound
Sugar: $0.05 per pound

Cost of Living:

New Home: $4,000.00
Average wage: $1,300.00
Gas: $0.19 per gallon
Car: $850.00
Postage Stamp: $0.03 per gallon

Popular Movies:

Citizen Kane
The Maltese Falcon
Dumbo
Sullivan's Travels
Suspicion
How Green Was My Valley
The Lady Eve
The Wolf Man
Sergeant York
High Sierra

Popular Songs:

Chattanooga Choo Choo
Daddy
Stardust
God Bless the Child
Amapola (Pretty Little Poppy)
Green Eyes
Boogie Woogie Bugle Boy
Take the 'A' Train
Elmer's Tune
Maria Elena

Dates to Celebrate:

10/1- International Coffee Day
10/12- Columbus Day
10/24-Wear it Pink Day
10/31-Halloween

October Birthdays:

Linda E. 10/7
Frederick R. 10/10
Elizabeth B. 10/11
Sheena C. 10/19
Jean K. 10/21
Mary L. 10/23

James M. 10/27
Joyce D. 10/29
Dakota D. 10/30

Flower of the month:
Marigold
Cosmos

Birthstone:
Tourmaline

Employee of the month: MacKayla-PCA

Congratulations
Receipe of the month:
Roasted Pumpkins Seeds

Snack time just got healthier with these crunchy roasted pumpkin seeds. Perfect for autumn or anytime you crave a salty bite.

Ingredients

- Pumpkin seeds- 1 cup
- Olive oil- 1 tbsp
- Salt- ½ tsp

Instructions

1. Preheat oven to 300 degrees F
2. Rinse pumpkin seeds under cold water to remove any pulp
3. Pat seeds dry with a paper towel to ensure crispness
4. Toss seeds with olive oil and salt the bowl
5. Spread seeds in a single layer on a baking sheet
6. Bake for 30 minutes, stirring every 10 minutes for even roasting

7. Remove from oven when seeds are golden brown and let cool

Now these seeds boast a satisfying crunch and a nutty flavor. Try sprinkling them over salads or yogurt for an extra texture.