THE TERRACE at NEWARK

The Month of July

Poet: Catherine Pulsifer

July, how we adore thee,
A month of warm and sunny glee.
With thirty-one days in your keep,
We wish for more time to play and sleep.
Cool Ocean waves and sparkling sands,
Barbecue grills and ice cream stands.
Yet fleeting are your precious hours,
We savor them like summer flowers.
Oh July, please slow your pace,
And let us bask in your warm embrace.

July 4th Independence Day

Poet: Catherine Pulsifer

An American day of pride,
Celebrating the land we call home.
July 4th, the date so tied
To freedom and our right to roam.
In 1776 came a declaration
A momentous moment in time.
Independence Day, a celebration
Of all our forefathers' climb.
So wave those flags high and loud,
With bursts of fireworks all 'round!
Let's celebrate with joy unbound
This country and its faithful crowd!

That was the Year "1922"

- **First use of insulin to treat Diabetes mellitus**

called diabetes in a human patient

- **President of the United States known as President Warren G. Harding introduces the first radio in the White House**
- **The USS named Langley or CV-1 is commissioned as the first United States Navy aircraft carrier**
- **The Lincoln Memorial is dedicated in Washington, D.C.**
- **The Great Railroad Strike of 1922 begins in the United States**
- **The Hollywood Bowl opens**
- **The first radio advertisment is broadcast on WNBC(AM) known as WEAF-AM in New York City**

Cost of Food:

Bread:$0.09
Eggs:$0.60
Ground beef:$0.18/ Lb.
Milk:$0.56/gallon
Coffee:$0.20/Lb.
Sugar:$0.57/10 Lbs.

Cost of living:

New home:$6,000.00
Average wage:$3,000.00
Gas:$0.18 per gallon
Car:$500.00
Postage stamp:$0.02 per stamp

Popular songs:

“My Blue Heaven”
“Ain’t She Sweet”
“The Birth of the Blues”
“Ol’ Man River”
“I’m Just Wild About Harry”
“Sweet Lorraine”
“The Best Things in Life Are Free”
“Ragtime Cowboy Joe”
‘The Girl I Love”
“Look for the Silver Lining”

Popular movies:

Nosferatu
The Kid
Dr. Mabuse, the Gambler
Haxen
The Phantom of the Opera
Tumbleweeds
The Toll of the Sea
The Four Horesment of the Apocalyse

Robin Hood
The Last of Mrs.Cheyney

Ruby

Dates to celebrate:

July 4th-Independence Day
July 7th- World Chocolate Day
July 30th- Friendship Day

Amanda C. 7/4
Lorraine K. 7/6
Shauna L. 7/13
Liberty G. 7/14
Inez G. 7/18
Melissa W. 7/22
Shirley S. 7/28

Wishing you a happy birthday!

Flower of the month:

Larkspur

Birthstone:

Employee of the month:

Linda Stowell

Congratulations

Receipe of the month: 2-Ingredient Peanut Butter Fudge

Prep: 4 minutes
Cook: 1 minute
Set time: 2 hours
Total 2 hours 5 minutes
This 2-ingredient peanut butter fudge is rich, creamy, and unbelievably easy-just peanut butter and frosting, melted and chilled to perfection. No baking or cooking required!

Ingredients :

- *18 oz creamy peanut butter*
- *16 oz vanilla frosting*

Instructions

1. Line a square 9x9 pan (or8x8) with parchment paper. Set aside
2. Combine peanut butter and frosting in a microwave-safe bowl
3. Microwave for 30 seconds and stir. Return to microwave for an additional 30 seconds; stir well
4. Transfer the fudge mixture into the prepared pan. Use an offset spatula to smooth into an even layer
5. Refrigerate for 2 hours or until set
6. Slice into bite-sized squares and serve

“Then join hand in hand, brave Americans all! By uniting we stand, by dividing we fall.”
– John Dickinson
Parade

17
76
4th of July