



THE TERRACE
— at —
NEWARK

September Look ahead:

We are quickly approaching National Assisted Living Week which we will be celebrating from Monday, September 11th to Friday, September 15th. We would like to take the week to come together as a community to celebrate the residents we serve, as well as to help educate members of the public about this distinctive aspect of long-term care. We have some extra special activities and events planned throughout the week, as well as a Spirit Week to bring us all together. Be sure to check out our Facebook page throughout the week as I will be posting Spirit Week photos so you can all follow along!

We invite resident friends and families to join us on **Friday, September 15th** to end the week with a National Assisted Living

Week celebration from **6:00-7:30pm**. We will have an ice cream sundae bar and live entertainment by Mike Kornrich. If you can join us, please reply to this email, or call The Terrace to RSVP. I hope you can join us!

-Hannah, Activities Director

Our Spirit Week and activities for the week are as follows:

Monday - (SPORTS DAY - dress in your favorite team gear)

10:30am NALW Kickoff -

Enjoy cider and donuts from The Apple Shed.

6:00pm Campfire sing-along

& tailgate - Sing-along with Mark DeCracker on the patio and enjoy some tailgating snacks before the Bills game.

Tuesday - (TWIN DAY - Find a resident or staff member and dress alike)

1:30pm *Mystery bag bingo* - win & choose a "mystery bag" filled with prizes.

2:30pm *spa day* - Come on down to the main living room for some pampering! We have Michelle from Mary Kay joining us.

Wednesday - (DECADE DAY - dress from your favorite decade)

10:30pm *season of reflection* - This is the theme of this year's NALW. We will do some reminiscing and have refreshments in the main living room.

2:30pm *sprinkle starship* - come visit the ice cream truck in the parking lot and enjoy your favorite frozen treat.

Thursday - (COLOR WARS - each hallway will be assigned a color to wear. A hall-Red, B hall-Orange, C&E Halls-Yellow, D Hall-Green)

10:30am *apple cider press* - we'll be making our own apple cider on the front porch.

3:30pm *dog show* - we have some furry friends visiting us. Join us in the main hallway! If you have a dog you'd like to bring in, please reach out to me.

Friday - (WEAR BLUE)

6:00pm *assisted living week*

celebration - Join us for ice cream sundaes and entertainment. Families are encouraged to join us in this celebration!

THAT WAS THE YEAR "1962"

- United State Navy SEALs are established.
- Apollo Program: NASA announces plans to build the C-5 rocket launch vehicle. It became known as the Saturn V Moon rocket, which launched every Apollo Moon Mission.
- Vietnam War: Operation Chopper (Vietnam) named Operation Chopper, the first American combat mission in the war, takes place.
- Ranger Program: Ranger 3 is launched to study the moon, The space probe later misses the moon by 22,000 miles (35,400km).
- First Lady of the United States known as First Lady Jacqueline Kennedy takes television viewers on a tour of the White House.

- Marvel Comics publishes the first issue of Hulk (comics) or The Incredible Hulk).
- The Old Bay Line, the last overnight Steamboat service in the United States goes out of business.
- The first Wal-Mart store opens for business in Rogers, Arkansas.
- First transatlantic satellite television transmission.
- The Rolling Stones perform their first concert, at the Marquee Club in London, England, United Kingdom.
- Telstar relays the first publicly transmitted, live trans-Atlantic Ocean known as Atlantic television program, featuring Walter Cronkite.
- The Trans-Canada Highway, the largest nation highway in the world, is officially opened.
- First broadcast of 'The Tonight show starring Johnny Carson'.
- -Dr.No(film) called Dr.No', the first in the James Bond in film named James Bond film series, is released.
- NASA launches 'Relay Program Relay 1 e.g Relay 1; the first active repeater communications satellite in orbit.

COST OF FOOD:

Milk.....\$1.00/Gallon
Loaf of bread.....\$0.45
Eggs.....\$0.57/Dozen
Coffee.....\$0.37/Pound

Ground beef.....\$0.45/Pound
Sugar.....\$0.43/5 Pounds

COST OF LIVING:

New car.....\$3,125.00
New house.....\$12,500.00
Average wage.....\$5,556.00
Gas per gallon.....\$0.28/Gallon
Postage stamp.....\$0.04

9/6/23-National read a book Day
9/9/23-National Teddy Bear Day
9/11/23-Patriot day (9/11
Remembrance)
9/22/23-Autumnal Equinox (Start of Fall)
9/25/23-National Daughters Day
9/28/23-National Sons Day
9/29/23-National Coffee Day
9/10/23-9/16/23- National Assisted
Living Week

POPULAR MOVIES:

- The Longest Day
- Lawrence of Arabia
- In Search of Castaways
- That, Touch of Mink
- The Music Man
- Mutiny on The Bounty
- To Kill a Mockingbird
- Hatari!
- Gypsy
- Lolita (1962)

POPULAR SONGS:

“Stranger on the Shore”
“I can’t Stop Loving You”
“Mashed Potato Time”
“Roses are Red (My Love)”
“The Stripper”
“Johnny Angel”
“The Loco-Motion”
“Let Me IN”
“The Twist”
“Soldier Boy”

DATES TO CELEBRATE:

9/4/23-Labor Day
9/4/23-National Wildlife Day
9/5/23-Be late for something Day



Sandra D- 9/19/23
Marcha T- 9/19/23
Donald C- 9/22/31
Dorothea L- 9/24/27

Wishing you a happy birthday

FLOWER OF THE MONTH:

Aster

BIRTHSTONE:

Sapphire

Welcome to our new residents:

*Shirley S.
Barbara H.
Nancy R.
Maureen D.*

*Ron B.
Rosemary C.*

Recipe of the month:

3-Ingredient Peanut Butter Cookies



Prep Time: 20 minutes
Total Time: 35 minutes
Makes about 2 dozen cookies

1 large egg
1 cup creamy peanut butter
1 cup sugar
Flaky sea salt (optional)

Step one:

Arrange racks in the upper and lower thirds of oven; preheat to 350°F. Line 2 rimmed baking sheets with parchment paper.

Step two:

Beat egg with a whisk in a medium bowl. Add peanut butter and sugar and whisk until fully incorporated and smooth. Drop mounds of dough by the tablespoonful onto parchment-lined baking sheets, spacing about 2" apart. Lightly press the tops of cookies with tines of a fork, making a crosshatch pattern. Sprinkle with salt, if using. Bake cookies, rotating trays halfway through, until golden brown, 10–12 minutes. Transfer to a wire rack and let cool slightly.

Do Ahead: Cookies can be baked 3 days ahead. Store in an airtight container at room temperature.

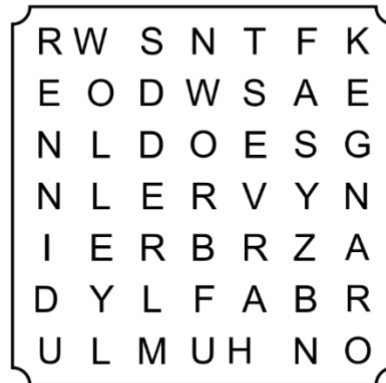
Congratulations to our employee of the month!



Madison Silverio

Thank you for all that you do here at The Terrace at Newark

Easy Fall Word Search



BROWN
DINNER
HARVEST

ORANGE
RED
YELLOW

printable

FALL WORD SCRAMBLE

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FALL WORD SCRAMBLE

LEPAPS _____

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trees
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