



THE TERRACE

— at —

NEWARK

#### **FEBRUARY RECAP:**

February was full of Valentine's Day fun. On Valentine's Day, we enjoyed mimosas while working on our heart canvas paintings. They turned out so beautiful! We have some very various other crafts as well this month.

Our residents also enjoyed games of shuffleboard, horseshoes, trivia. Bingo and more. We are looking forward to March and the start of spring!

#### **MARCH LOOK AHEAD:**

In March, many of our activities will be centered around St. Patrick's Day. Last year we had the Godwin School of Irish Dance come in with a few students to perform in the dining room. We will be having them back again this year since our residents enjoyed it so much last year. We'll also do some St. Patrick's Day crafts and baking.

Our outings next month include lunch out at Warfields in Clifton Springs, breakfast at the Blue Ribbon in Phelps, and a Marshall's shopping trip.

At the end of the month, we will be having the UPK students from Perkins School come in for an Easter

egg hunt outside. We are hoping for nice weather!

Happy St. Patrick's Day everyone!

#### **THAT WAS THE YEAR "1930"**

##### *NATIONAL AND WORLD NEWS:*

- *The first Diesel engine diesel-engined automobile trip is completed, from Indianapolis, Indiana, to New York City, New York*
- *3M begins marketing scotch tape*
- *While studying photographs taken in January, Clyde Tombaugh discovers Pluto*
- *Elm Farmollie becomes the first cattle named Cow to fly in a fixed-wing aircraft and also the first cow to be milked in an aircraft*
- *The news of the discovery of Pluto is telegraphed to the Howard College Observatory*
- *BBC reported there was no news, then played out with piano music*
- *The dwarf planet Pluto is officially named*
- *President of the United States or U.S. President Herbert Hoover signs the Smoot-Hawley Tariff Act into law*
- *Amy Johnson lands in Darwin, Northern Territory, becoming the first woman to fly solo from England to Australia (she left*

on May 5<sup>th</sup> for the 11,000 mile flight)

- *Betty Boop makes her cartoon debut in "Dizzy Dishes"*
- *Patent number US1781541 is awarded to Albert Einstein and Leo Szilard for their invention, the Einstein refrigerator*
- *Great Depression: In a State of Union address or State of the Union message U.S. President Herbert Hoover proposes a US \$150 million public works program to help generate jobs and stimulate the economy*

**COST OF FOOD:**

Milk.....\$0.26  
Loaf of bread.....\$0.08  
Eggs.....\$0.18  
Coffee.....\$0.15/lb.  
Ground Beef....\$0.25/2 lbs.  
Sugar.....\$0.49/10 lbs.

**COST OF LIVING:**

New car....\$670.00  
New house...\$5,472.00  
Average wage....\$1,368  
Gas per gallon....\$0.10  
Postage stamp....\$0.02

**POPULAR MOVIES:**

- 1.All Quiet on the Western Front
- 2.Animal Crackers
- 3.The Blue Angel
- 4.L'Age d'or
- 5.Morocca
- 6.Earth
- 7.City Girl

- 8.Hell's Angels
- 9.The Big Trail
- 10.A Propos de Nice

**POPULAR SONGS:**

- "Happy Days Are Here Again"
- "Puttin' on the Ritz"
- "Ten Cents a Dance"
- "The Peanut Vendor"
- "Three Little Words"
- "Stein Song" (University of Maine)
- "On the Sunny Side of the Street"
- "Chant of the Jungle"
- "Dancing with Tears in My Eyes"

**DATES TO CELEBRATE:**



- Eunice B. 3/10**
- Lavada Y. 3/13**
- Joyce D. 3/14**
- Robert K. 3/18**

Lynn L. 3/21  
Mary Jane H. 3/29

*Wishing you a happy  
birthday*

**FLOWER OF THE MONTH:**

Daffodil

**BIRTHSTONE:**

Aquamarine

*Welcome to our new  
residents:  
Christine A.  
Lisa S.*

**Recipe of the month:**

**Slow-Cooker Corned  
Beef and Cabbage**



**Cook this corned beef in a crock pot all day, and you're guaranteed success-no more dry corned beef! Serve with soda bread for a warm and satisfying meal.**

**Prep time: 15 mins.**

**Cook time: 8 hours**

**Servings:8**

- 10 baby red potatoes, quartered.
- 4 large carrots, peeled and cut into matchstick pieces.
- 1 onion, peeled and cut into bite-sized pieces.
- 4 cups water
- 1 (4 pound) corned beef brisket with spice packet
- 6 ounces beer
- ½ head cabbage, coarsely chopped

**Directions:**

1. **Step one:** Place potatoes, carrots, and onion into the bottom of a slow cooker; add water and place brisket on top of vegetables. Pour beer over brisket, sprinkle over spices from the packet and cover.
2. **Step two:** Cook on High for 7 hours; stir in the cabbage and cook for 1 more hour.

**Employee of the  
month:**

**Marla Klingler**



“I am from Newark; I have been married for 39 years. I have three children and 4 grandchildren. I worked in fast food for 16 years and wanted to do something more rewarding. I have been at The Terrace for 9 months and absolutely love these residents”

**Thank you, Marla, for  
everything that you do at  
The Terrace!**