







# JANUARY 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><b>ALL ACTIVITIES CONDUCTED BY MEMORY CARE STAFF UNLESS OTHERWISE INDICATED.</b></p> <p><b>EVERYDAY</b></p> <p><b>9:30 EXERCISE</b></p> <p><b>10:00 REFRESHMENTS</b></p>						
<p><b>1</b></p> <p>9:30-INSP. SERVICE (CH 50)</p> <p>10:30-GOLDEN GIRLS</p> <p>1:30-FOOTBALL/ADULT COLORING</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FUNNIEST HOME VIDEOS</p>	<p><b>2</b></p> <p>10:30-CRAFTS W/ HANNAH</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>3</b></p> <p>10:30-WINTER TRIVIA</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-NAIL CARE</p> <p>3:30-ICE CREAM SOCIAL</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-WHEEL OF FORTUNE</p>	<p><b>4</b></p> <p>10:30-SNOWBALL TOSS</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-PAPER PLATE SNOWMAN CRAFT</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-MOVIE AND POPCORN</p>	<p><b>5</b></p> <p>10:30-WINTER MEMORIES</p> <p>1:30-NAIL CARE</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-B-WING SOCIAL</p>	<p><b>6</b></p> <p>10:30-HORSESHOES</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-BINGO</p> <p>3:30-HAPPY HOUR</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>7</b></p> <p>10:30-BINGO</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-MOVIE AND POPCORN</p> <p>3:30-WATERBREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-LAWRENCE WELK</p>
<p><b>8</b></p> <p>9:30-INSP. SERVICE (CH 50)</p> <p>10:30-GOLDEN GIRLS</p> <p>1:30-FOOTBALL/ADULT COLORING</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FUNNIEST HOME VIDEOS</p>	<p><b>9</b></p> <p>10:30-CRAFTS W/ HANNAH</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-WHEEL OF FORTUNE</p>	<p><b>10</b></p> <p>10:30-WINTER SCATTERGORIES</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-NAIL CARE</p> <p>3:30-ICE CREAM SOCIAL</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>11</b></p> <p>10:30-WATERCOLOR DOILY SNOWFLAKES</p> <p>1:30-MARK DECRACKER</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-MOVIE AND POPCORN</p>	<p><b>12</b></p> <p>10:30-BRAIN QUEST</p> <p>1:30-NAIL CARE</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-B-WING SOCIAL</p>	<p><b>13</b></p> <p>10:30-BASKETBALL</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-ADULT COLORING</p> <p>3:00-HAPPY HOUR</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-WHEEL OF FORTUNE</p>	<p><b>14</b></p> <p>10:30-BINGO</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-MOVIE AND POPCORN</p> <p>3:30-WATERBREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-LAWRENCE WELK</p>
<p><b>15</b></p> <p>9:30-INSP. SERVICE (CH 50)</p> <p>10:30-GOLDEN GIRLS</p> <p>1:30-FOOTBALL/ADULT COLORING</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FUNNIEST HOME VIDEOS</p>	<p><b>16</b></p> <p>10:30-CRAFTS W/ HANNAH</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>17</b></p> <p>10:30-WINTER FACT OR FICTION</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-NAIL CARE</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-WHEEL OF FORTUNE</p>	<p><b>18</b></p> <p>10:30-PAPER PLATE SNOW GLOBE</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-FINISH SNOWGLOBE</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-MOVIE AND POPCORN</p>	<p><b>19</b></p> <p>10:30-WORDS THAT BEGIN WITH "J"</p> <p>1:30-NAIL CARE</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-B-WING SOCIAL</p>	<p><b>20</b></p> <p>10:30-PIZZA GAME</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-ADULT COLORING</p> <p>3:30-HAPPY HOUR</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>21</b></p> <p>10:30-BINGO</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-MOVIE AND POPCORN</p> <p>3:30-WATERBREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-LAWRENCE WELK</p>
<p><b>22</b></p> <p>9:30-INSP. SERVICE (CH 50)</p> <p>10:30-GOLDEN GIRLS</p> <p>1:30-FOOTBALL/ADULT COLORING</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FUNNIEST HOME VIDEOS</p>	<p><b>23</b></p> <p>10:30-CRAFTS W/ HANNAH</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-WHEEL OF FORTUNE</p>	<p><b>24</b></p> <p>10:30-WINTER SPELLING BEE</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-HANGMAN</p> <p>3:30-ICE CREAM SOCIAL</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>25</b></p> <p>10:30-JANUARY FINISH MY PHRASE</p> <p>1:30-MARK DECRACKER</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-MOVIE AND POPCORN</p>	<p><b>26</b></p> <p>10:30-SNOWFLAKE ROLL AND COVER</p> <p>1:30-NAIL CARE</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-B-WING SOCIAL</p>	<p><b>27</b></p> <p>10:30-SNOWBALL TOSS</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-STAFF CHOICE</p> <p>3:30-HAPPY HOUR</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-WHEEL OF FORTUNE</p>	<p><b>28</b></p> <p>10:30-BINGO</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-MOVIE AND POPCORN</p> <p>3:30-WATERBREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-LAWRENCE WELK</p>
<p><b>29</b></p> <p>9:30-INSP. SERVICE (CH 50)</p> <p>10:30-GOLDEN GIRLS</p> <p>1:30-FOOTBALL/ADULT COLORING</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FUNNIEST HOME VIDEOS</p>	<p><b>30</b></p> <p>10:30-CRAFTS W/ HANNAH</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-BINGO</p> <p>3:30-WATER BREAK</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>31</b></p> <p>10:30-FEBRUARY PLACEMATS</p> <p>1:30-MUSIC THERAPY</p> <p>2:00-NAIL CARE</p> <p>3:30-ICE CREAM SOCIAL</p> <p>4:00-TABLE ACTIVITIES/TERRACE WALK</p> <p>6:00-NEWS</p> <p>7:00-FAMILY FEUD</p>	<p><b>J</b></p>	<p><b>A</b></p>	<p><b>N</b></p>	<p><b>2023</b></p>