



# FEBRUARY NEWSLETTER



## JANUARY RECAP

We started out the month by taking down all of our Christmas decorations, which usually takes us a few days. The residents were so helpful and we got it done! It's always bittersweet taking our decorations down, but January has been a nice start where we can slow down a little and spend more time working on crafts, playing games, and really being able to enjoy each other's company.

January was full of celebrations with several resident birthdays, including our eldest resident turning 105! A few of our ladies helped me make and decorate a big cake, and we celebrated at lunchtime in the

dining room. We also had one of our married couples celebrate 63 years of marriage. What an accomplishment and surely a reason to celebrate!!!!

Although we look forward to the days when we can sit outside on the front porch again or work in the garden, we are finding lots of ways to stay busy and active inside. I hope you are all able to do the same.

I hope you are all staying healthy and safe.  
Hannah - Activities Director

## FEBRUARY LOOK AHEAD

With Valentine's Day right around the corner, we have some fun activities lined up. Valentine's Day crafts, including heart shaped suncatchers, homemade valentine's day cards, and heart shaped door hangers.

On Valentine's Day, we will have a bucket of carnations so everyone can fill a vase to brighten up their rooms. We are also going to enjoy a valentine's day tea with rose tea and cookies in our private dining room. We are really looking forward to this!

So far, we have Mark DeCracker, Tom Dunn, and Howie Bartolo lined up for our February entertainment.

As always, our calendar is packed full of some of our most loved activities such as card games, bingo, horseshoes, Monday manicures, and Friday Happy Hours. There is always something to do.

Happy Valentines Day everyone!

Hannah - Activities Director

**THAT WAS THE YEAR '1980"**

**NATIONAL AND WORLD NEWS**

Studio 54 holds its grand closing party on its last night of business.

Bill Wyman stated he would leave the Rolling Stones.

Afghanistan declares martial law.

Winter Olympic games closes in Lake Placid.

US performs nuclear test at Nevada test sight.

**COST OF FOOD**

Milk-----	1.12/gal
Loaf of Bread -----	.54/lb
Eggs -----	.84/doz
Granulated Sugar-----	.45/1 lb.
Ground Beef-----	1.39/lb.
Postage Stamp -----	.15

**COST OF LIVING**

New Car-----	7,201.00
Gasoline -----	1.19/gal
Average Wage -----	19,173.00/yr.
Stamp-----	.15

**POPULAR MOVIES**

- The Shining
- Star Wars - The Empire Strikes Back
- Raging Bull
- Airplane

The Elephant Man  
Coal Miners Daughter.

**MUSIC**

- I Wanna Dance With You - Whitney Houston
- Don't Stop Believin - Journey
- You Shook Me All Night Long - AC/DC
- Footloose - Kenny Loggins

**DATES TO CELEBRATE**

- 02/01 - Nat'l Chocolate Day
- 02/02 - Ground Hog Day
- 02/12 - Abraham Lincoln's Birthday
- 02/14 - Valentine's Day
- 02/17 - President's Day
- 02/22 George Washington's Birthday

**FEBRUARY BIRTHDAYS**

- 02/06 John L.
- 02/13 Patty D.
- 02/19 Barbara C.
- 02/28 Robert W.

Hope your day is special in every way.



## FLOWER OF THE MONTH

Iris

## BIRTHSTONE OF THE MONTH

Citrine

# WELCOME TO OUR NEW RESIDENTS

Ron & Sheila B.

## RECIPE OF THE MONTH

Slow-Cooker Pina Colada Banana Foster

**TOTAL TIME:** Prep: 10 min. Cook: 2 hours. **YIELD:** 3 cups.

*I took bananas Foster one step further and combined it with the flavors of my favorite tropical drink: a pina colada. Make sure you use underripe bananas, as their firm texture works best in this recipe. — Trisha Kruse, Eagle, Idaho*

## Ingredients

- 4 medium firm bananas
- 1 can (8 ounces) pineapple tidbits, drained

- 1/4 cup butter, melted
- 1 cup packed brown sugar
- 1/4 cup rum
- 1/2 teaspoon coconut extract
- 1/2 cup sweetened shredded coconut, toasted
- Optional: Coconut ice cream, vanilla wafers and cream-filled wafer cookies

## Directions

- 1. Cut bananas in half lengthwise, then widthwise. Layer sliced bananas and pineapple in bottom of a 1-1/2-qt. slow cooker. Combine butter, brown sugar, rum and coconut extract in a small bowl; pour over fruit. Cover and cook on low until heated through, 2 hours. Sprinkle with toasted coconut. If desired, serve with coconut

ice cream, vanilla wafers or  
cream-filled wafer cookies.

### VALENTINE'S DAY WORD SCRAMBLE

Name: \_\_\_\_\_



## VALENTINE'S DAY WORD SCRAMBLE



Unscramble the Valentine's Day words

ovle \_\_\_\_\_

flerow \_\_\_\_\_

piduc \_\_\_\_\_

ocothecal \_\_\_\_\_

ydanc \_\_\_\_\_

eheesarwtt \_\_\_\_\_

ridfsen \_\_\_\_\_

sesro \_\_\_\_\_

htera \_\_\_\_\_

waror \_\_\_\_\_

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