



MAY NEWSLETTER

APRIL RECAP

Another fun month here at The Terrace!

We started out the month of April with several Easter themed activities. We enjoyed a building wide Easter egg hunt which everyone had so much fun with. We decorated Easter eggs and worked on some group crafts. On Easter day, we held an Easter tea, with several different tea flavors and scones.

The guys enjoyed their Thursday morning coffee Group as our Operator, Chris Vitale discussed current events with them.

Chair Yoga has been a hit with our residents! The living room has been full of smiling faces every Tuesday morning as they got in their morning exercise.

Our garden group has started meeting up every Thursday afternoon. We've only had one Thursday that was warm enough to get out in the garden, but we've got it all cleaned up and

ready. We started planting flowers and vegetables in cups inside and will plant them in the garden after Mother's Day.

I hope you've enjoyed these beautiful spring days as much as we have!

-Hannah-

MAY LOOK AHEAD

May will be a great month packed full of activities! I am excited to enjoy some of the usual activities outside such as cornhole, horseshoes, and basketball.

Our residents love going out for walks on nice days so we will be starting up our walking group several times every week. I really enjoy it too and am looking forward to it.

On Mother's Day we will have afternoon snacks and punch. Our baking club will be making beautiful cupcakes to be enjoyed on Mother's Day. It will be a nice time that will hopefully make the ladies feel extra special.

Memorial Day is the last day of the month. We will start the day out with coffee and donuts, followed by a memorial day cookout. We will hand make and write out cards to send to the troops and have a full scavenger hunt around the building.

Summer will be here before we know it, and we are going to take full advantage of the weather.

Happy Mother's Day to all of the Moms out there!

-Hannah-

THAT WAS THE YEAR '1967'

NATIONAL AND WORLD NEWS

Sweden changed to driving on the right hand side of the road.

Expo Canada 67 opened on Montreal.

Evil Knievel jumped his motorcycle over 16 cars lined in a row.

COST OF FOOD

Milk-----	1.15/gal
Ground Coffee -----	.90/lb
Eggs -----	.38/doz
Bread-----	.22/loaf

COST OF LIVING

New House-----	\$14,425
Average income -----	5,213
New Car-----	2,724
Gasoline -----	.33/gal
Postage stamp-----	.05

POPULAR MOVIES

In the Heat of the Night (Academy Award Winner)
Cool Hand Luke
Bonnie & Clyde
The Graduate
To Sir With Love

MUSIC

Ruby Tuesday (The Rolling Stones)
Penny Lane (The Beatles)
Light My Fire (The Doors)
Respect (Aretha Franklin)

DATES TO REMEMBER

5/02 World Laughter Day
5/05 Cinco de Mayo

5/06 Nat'l Day of Pray
5/09 Mother's Day
5/12 Limerick Day
5/15 146th running of The Preakness
5/16 Wear Purple for Peace Day
5/30 Running of the Indianapolis 500 Mile Race
5/31 Memorial Day

APRIL BIRTHDAYS

05/06 Claudia D.
05/14 Martha North
05/15 Patty DeJohn
05/21 Dee Maslyn

Hope your day is special in every way.



FAMOUS MOTHER'S QUIZ

WHO IS THE MOTHER OF NURSERY RHYMES?
MOTHER GOOSE

WENT TO THE CUPBOARD TO GET HER POOR DOG A BONE?
MOTHER HUBBARD

MOTHER OF THE WEATHER AND THE OUTDOORS?
MOTHER NATURE

CHILDREN'S GAME WHERE THE PLAYERS ASK FOR PERMISSION?

MOTHER MAY I

FAMOUS MOTHER KNOWN FOR HELPING THE POOREST OF THE POOR IN CALCUTTA, INDIA?

MOTHER THERESA

LARGE OR PROFITABLE SOURCE OR SUPPLY?

MOTHERLOAD

MOTHER OF JESUS?

MARY

MOTHER OF THE SOIL?

MOTHER EARTH

SOME PEOPLE DON'T GET ALONG WITH THIS MOTHER?

MOTHER-IN-LAW

MOTHER BY MARRIAGE?

STEP-MOTHER



MEXICAN FOOD TRIVIA

WHAT IS THE MAIN INGREDIENT IN GUACAMOLE?

AVOCADO

WHAT IS TYPICALLY ADDED TO GUACAMOLE THAT MAKE IT MORE AMERICANIZED?

SOUR CREAM

WHAT IS THE MAIN INGREDIENT IN CEVICHE?

WHITE FISH

WHAT IS A TORTA?

MEXICAN SANDWICH

WHAT IS A CHIMICHANGA?

DEEP FRIED BURITTO

WHAT ARE 2 TYPES OF TORTILLAS?

CORN AND FLOUR

RECIPE OF THE MONTH

CINCO DE MAYO MEXICAN CASSEROLE

added by April Alvarez

Just in time for Cinco de mayo, this is a very easy dish.

Cook time: 30 Min

Ingredients

- 1 lb hamburger meat (ground beef)
- 1/4 tsp salt and pepper
- 1/4 tsp chilli powder
- 1 can(s) cream of mushroom soup
- 1 can(s) water.
- 1 small onion diced
- 1 can(s) rotel (or any brand of tomatoes and green chillis)
- 1 bag taco or nacho cheese chips
- 1 lb grated cheddar cheese
- 1 can(s) sliced black olives
- 1 medium fresh tomato (diced)

Directions

1. Brown meat with onions, add seasoning to taste Heat soup, rotel and water in saucepan.
2. In large casserole alternate beginning with half each of chips, hamburger, olives soup mixture and cheese and then repeat, LAST FIVE MINUTES OF BAKING ADD FRESH TOMATO AND A FEW BLACK OLIVES.
3. Bake at 375 degrees for 30 minutes. Can serve with sour cream, guacamole, salsa.

HAPPY MEMORIAL
DAY!

