



## JANUARY NEWSLETTER

### DECEMBER RECAP

December is our busiest month here at The Terrace. There never seems to be enough time to take in all of the festivities and merriment. This year has been so much fun!

Our residents were delighted to create our annual cookie plates. We baked up a storm. Our residents were all served a plate full of gingerbread men, cutouts, peanut blossoms, chocolate crackle cookies and much, much more. Our residents really enjoy baking up these traditional Christmas treats.

We had some great entertainment all through December. A Touch of Joy, Tom Dunn, Aaron Karpella, Carol Gent, and Gabe Verkey. These groups all added to the holiday cheer. Many choirs and choruses also came to The Terrace, and warmed our hearts, as well as it got us all singing along. I would like to thank Newark Middle School Chorus, St. Michael's Children Choir, Palmyra Heritage Baptist Church, Pianist David Skvaraki, Newark Arcadia Volunteer Ambulance, Lighthouse Baptist Church, and our little friends from Lincoln School, all who shared merriment, song, and good cheer. It is always heartening to me to see our community come to entertain the residents here at The Terrace. The residents really appreciate it and talk about it for many days to follow.

We got the opportunity to see Fritz's Polka Band at the Finger lakes Casino, as well as some holiday shopping at Walmart and The Dollar Store. Our ladies and gentlemen enjoyed lunch outings, and several of our residents took in evening scenic rides to see the "local lights". We had a great time looking at some beautiful light displays all around the village of Newark.

The Holiday party on Sunday, December 10<sup>th</sup> was a big hit. Mark DeCracker entertained with Christmas carols and holiday songs. Santa visited and listened to Christmas wishes. We had great food and games, Wally Crum the balloon guy visited who made all kinds of holiday balloon art. It was great to see our residents enjoying this special day.

The holidays kept us very busy, but we were also keeping up with our regular activities of bingo, exercise, prayer group, coloring, yahtzee, horseshoes, church services, ice cream socials, manicures, cards, and much more.

I hope you enjoyed your holiday as much as I did. I hope to see you all again soon in the New Year. I wish you the best.

-Gigi-

# JANUARY LOOK AHEAD

Happy New Year! I would like to extend my wishes for a healthy and prosperous New Year.

We will be keeping busy this month this month with lots of indoor activities.

The Pre-K class from Lincoln School will be here in January on the 18<sup>th</sup>. There will be lots of singing and dancing as we watch these little ones show us everything that they have learned. Our residents seem to enjoy this monthly visit more than any activity as our living room becomes standing room only.

During January we will be running a feature presentation of "The Crown" on Netflix on our new T.V. This is an award winning mini series on the life of Queen Elizabeth. We will be starting on Thursday, January 4<sup>th</sup> at 10:30 A.M. We will be watching it every Tuesday and Thursday in January.

We will brave the outdoors in January and go on shopping trips to Walmart, The Dollar Store, and Peebles. The ladies and gentlemen will enjoy lunch outings as well as coffee and doughnuts at Tim Horton's.

We will be entertained by Touch of Joy, Gabe Verkey, Beth Welsh, Cindy Kingsley, and Penny Soos.

Our winter fun day will take place on Friday, January 26<sup>th</sup>. There will be plenty of games, fun and frosty treats. Also during the month of January we will be throwing horseshoes, playing yahtzee, board games, bingo, baking, exercise, prayer group, coloring and lots more.

Once again, all my best to you and yours in the New Year.

Gigi



01/12 BETTY V.  
01/20 MABEL C.  
01/29 HAZEL B.  
01/29 ROBERT P.

## DAYS TO CELEBRATE

01/01 NEW YEAR'S DAY  
01/04 NAT'L SPAGHETTI DAY  
01/04 TRIVIA DAY  
01/18 ELVIS PRESLEY'S BIRTHDAY  
01/10 MAKE YOUR DREAMS COME TRUE DAY  
01/15 NAT'L STRAWBERRY ICE CREAM DAY  
01/16 ANNIV. OF THE BEGINNING OF THE GULF WAR  
01/21 NAT'L HUGGING DAY  
01/24 KAZOO DAY  
01/25 ANNIV. OF THE 1<sup>ST</sup> WINTER OLYMPICS (1924)  
01/28 PRO BOWL  
01/29 NAT'L PUZZLE DAY

## FLOWER OF THE MONTH

CARNATION



## BIRTHSTONE

GARNET

## THIS WAS THE YEAR "1988"

Iran-Iraq war ended after eight hours.

An earthquake in Armenia killed 60,000 people.

The summer Olympics games were held in Seoul, Korea.

The antidepressant Prozac was introduced.

### POPULAR MOVIES

Rain Man (Academy Award Winner)  
Crocodile Dundee II  
Cocktail  
Who Framed Roger Rabbit  
Big

### MUSIC

Every Rose Has it's Thorn (Poison)  
Father Figure (George Michael)  
A Groovy Kind of Love (Phil Collins)

### COST OF LIVING

New House -----\$91,777  
Average Wage ----- 19,334  
New Car ----- 10,432  
Gasoline-----.91/gal  
Stamp -----.25

### COST OF FOOD

Milk ----- \$2.02/gal  
Ground Coffee ----- 3.49/lb.  
Eggs ----- .69/doz  
Fresh Bread ----- 1.08/loaf  
Sugar ----- 1.09 for 5 lbs

### NEW YEAR'S TIDBITS

1<sup>ST</sup> recorded celebration of New Year's goes back 4000 years to Babylon.

The giant ball in NYC is 12 feet in diameter and weighs in at 12,000 pounds.

### TRADITIONS

Spain – a grape is bolted down to symbolize hope for the months ahead.

Austria, Hungary, Portugal, and Cuba - are known to eat pork on New Year's eve. Eating pork symbolizes progress and prosperity.

Netherlands, Mexico, and Greece – eat ring shaped cakes and pastries, a symbol that the year has come full circle.

Sweden and Norway – eat rice pudding with a nut inside it. Whoever finds the nut can expect 12 months of good fortune..

United States - Fireworks and watch the ball drop in NYC.

## RECIPE OF THE MONTH

### PASTA W/ROASTED BUTTERNUT SQUASH AND SHALLOTS.

4 SERVINGS

#### INGREDIENTS

3 C. BUTTERNUT SQUASH PEELED AND CUBED  
1 TBSP. DARK BROWN SUGAR  
2 TBSP OLIVE OIL DIVIDED  
3/4 TSP. OF SALT  
½ TSP. OF FRESHLY GROUND PEPPER  
8 SHALLOTS PEELED AND HALVED LENGTHWISE  
1 TBSP. CHOPPED FRESH SAGE  
4 OZ. OF FETTUCCINE  
½ C. GRATED FRESH PARM. CHEESE

PREHEAT OVEN TO 475

COMBINE SQUASH, SUGAR, 1 TBSP. OIL, SALT, PEPPER, AND SHALLOTS IN A JELLY ROLL PAN; TOSS WELL. BAKE AT 475 FOR 20 MINUTES, OR UNTIL TENDER, STIRRING OCCASSIONALLY. STIR IN SAGE.

COOK PASTA ACCORDING TO PKG. DIRECTIONS, DRAIN. PLACE COOKED PASTA IN BOWL. ADD REMAINING 1 TBSP. OIL. TOSS WELL. SERVE SQUASH MIXTURE OVER PASTA. SPRINKLE WITH PARM. CHEESE.