

THE TERRACE AT NEWARK

MENU – WEEK 4

FALL/WINTER

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
FLUFFY SCRAMBLED EGGS BUTTERED TOAST CRISP BACON ORANGE JUICE	HOMEMADE SAUSAGE GRAVY OVER BISCUIT TROPICAL FRUIT ORANGE JUICE	FRITTATA BUTTERED TOAST HAND-CUT HOME FRIES FRESH ORANGE SL. ORANGE JUICE	HOT/COLD CEREAL ASSORTED DOUGHNUTS FRESH PINEAPPLE FRUITY YOGURT ORANGE JUICE.	FRENCH TOAST DRIZZLED W/SYRUP STRAWBERRY TOPPING SAVORY SAUSAGE ORANGE JUICE	FRIED EGG FRIDAY BUTTERED TOAST SIZZLING BACON ORANGE JUICE	FLUFFY PANCAKES SAUSAGE FRESH MELON ORANGE JUICE
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
SAVORY ROAST BEEF – HONEYED BABY CARROTS CREAMY MASHED POTATOES RICH BEEF GRAVY FRESH PINEAPPLE WARM DINNER ROLL MINCEMEAT PIE	HOMEMADE GOULASH CRISP TOSSED SALAD WARM IT. BREAD RICH CARROT CAKE	TASTY CHICKEN –N- DUMPLINGS FRENCH CUT GREEN BEANS CREAMY VANILLA ICE CREAM	LEAN HAM SCALLOPED POTATOES BABY CARROTS WARM DINNER ROLL – DELICIOUS CHERRY PIE	MEATY BEEF STROGNOFF OVER CREAMY MASHED POT. CAPRI MIXED VEG. WARM DINNER ROLL SWEET MANDARIN ORANGES	STUFFED FISH BAKED POTATO BEETS – 4 OZ. OR DELIGHTFUL SHEPHERD'S PIE WARM DINNER ROLL CUSTARD PIE	HEARTY CHICKEN & BISQUITS SEASONED MIXED VEG. CHILLED PEARS FROSTED BROWNIES
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
BONELESS CHICKEN WINGS CRISPY FRENCH FRIES 3 – BEAN SALAD WARM DINNER ROLL HEAVENLY ANGEL FOOD CAKE W/TOPPING	STUFFED ROASTED PORK LOIN STRING GREEN BEANS. HOT BAKED POTATO WARM DINNER ROLL WARM APPLE CRISP	TASTEFUL GRILLED CHEESE SAND. CREAM OF BROCCOLI SOUP CHILLED PEARS YUMMY BANANA CR. PIE	JUICY HAMBURGER LETTUCE & TOMATO HOMEMADE COLESLAW POT. CHIPS RASPBERRY JELLO	HOT MEATBALL SUB OVEN FRIED POT FRUIT COCKTAIL WARM EACH CRISP	TRADITIONAL CHICKEN PARM ANGEL HAIR PASTA CHILLED TOSSED SALAD WARM IT. BREAD STRAWBERRY ICE CREAM	ZWEIGEL'S HOT DOG CRISPY FRENCH FRIES TASTEFUL CUCUMBER SALAD VELVETY CHOC. PIE