

THE TERRACE AT NEWARK

FALL/WINTER

MENU – WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
FLUFFY SCRAMBLED EGGS BUTTERED TOAST SIZZLING BACON FRESH ORANGE SL. ORANGE JUICE	HOT/COLD CEREAL ASSORTED DOUGHNUTS ORANGE SL. SMOOTH YOGURT ORANGE JUICE	FRITTATA BUTTERED TOAST CRISPY HOME FRIES FRESH ORANGE SL. ORANGE JUICE	SAVORY SAUSAGE GRAVY OVER FLAKY BISCUIT TROPICAL FRUIT ORANGE JUICE	DELECTABLE FRENCH TOAST SWEET STRAWBERRY TOPPING BROWNE SAUSAGE ORANGE JUICE	FRIED EGG SIZZLING BACON BUTTERED TOAST FRESH ORANGE SL. ORANGE JUICE	FLUFFY PANCAKES BROWNE SAUSAGE FRESH MELON ORANGE JUICE
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
ROASTED CHICKEN CREAMY MASHED POTATOES RICH CHICKEN GRAVY FRESH GREEN BEANS WARM DINNER ROLL LUCIOUS LEMON MER. PIE	MEATY BEEF STEW- OVER FLAKY BISCUIT STEAMED MIXED VEG. CHILLED PEARS VANILLA ICE CREAM W/STRAWBERRY TOPPING	HEART SMART VEG. LASANGA CRISP TOSSED SALD WARM GARLIC BREAD CHILLED STRAWBERRY DIET/FRUITED JELLO	BOILED HAM, CABBAGE, POT, CARROT DINNER WARM DINNER ROLL JUICY BLUEBERRY PIE	SAVORY SPANISH RICE MIXED VEG. CHILLED PEACHES BUTTERED BREAD STICKS CHEWY OATMEAL RAISIN COOKIES	TASTY TUNA NOODLE OR CHICKEN NOODLE CASSEROLE FRESH PEAS. WARM DINNER ROLL CREAMY VANILIIA PUDDING	RIGATONI W/MEAT SAUCE CHILLED TOSSED SALAD LIGHTLY SEASONED BEANS - BUTTERED IT. BREAD WARM RICE PUDDING
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
LEAM HAM & SWISS ON RYE HOMEMADE VEG. SOUP MANDARIN ORANGES FROSTED BROWNIES	SWEET BBQ CHICKEN BREAST – ON HARD ROLL CRISPY FRENCH FRIES LETTUCE/TOMATO CLASSIC PINEAPPLE UPSIDE DOWN CAKE	CHEESY GRILLED CHEESE SANDWICH HOMEMADE TOMATO BISQUE – PRINCE ALBERT MIXED VEG. FLAVORFUL SPICE CAKE	LEAN HAMBURGER LETTUCE/TOMATO PICKLES BAKED TATER TOTS MANDARIN ORANGES CREAMY ECLAIRS	BAKED CHICKEN TWICE BAKED POT. CASSEROLE – FRESHCAUIFLOWER/ BROCCOLI WARM DINNER ROLL CHOC. CUPCAKES W/FROSTING	GRILLED PATTIE MELT OR CLASSIC PB AND J CHUNKY CLAM CHOWDER CHILLED PEACHES HONEY-GLAZED CARROTS CHOC. ICE CREAM –	CREAMY EGG SALAD SANDWICH – CHUNKY CHICKEN CORN CHOWDER – FESTIVE MXED VEG. CHEESECAKE W/CHERRY TOPPING