

THE TERRACE AT NEWARK

MENU – WEEK 1

FALL/WINTER

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRI	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
FLUFFY SCRAMBLED EGGS – BUTTERED TOAST SIZZLING BACON ORANGE JUICE	HOMEMADE SAUSAGE GRAVY OVER BISCUIT TROPICAL FRUIT ORANGE JUICE	FRITTATA BUTTERED TOAST CRISPY HOME FRIES ORANGE SL. ORANGE JUICE	HOT/COLD CEREAL ASSORTED DOUGHNUTS JUICY PINEAPPLE SMOOTH YOGURT ORANGE JUICE	DECADENT FRENCH TOAST FRUITY STRAWBERRY TOPPING GOLDEN SAUSAGE ORANGE JUICE	FRIED EGG FRIDAY BUTTERED TOAST SIZZLING BACON ORANGE JUICE	FLUFFY PANCAKES HOT SAUSAGE FRESH MELON ORANGE JUICE
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
SAVORY ROAST TURKEY CREAMY MASHED POT. RICH GRAVY STEAMED MIXED VEG. BUTTERY DINNER ROLL MADARIN ORANGES FLAVORFUL PUMPKIN PIE	HOMEMADE CHILI HEARTY CORN BREAD CRISP GREEN BEANS DIET PUDDING OR RICE PUDDING CRACKERS	CLASSIC LIVER W/ONIONS FLUFFY RICE PILAF OR CHAR-BROILED BACON SWISS BURGER – POT. CHIPS CINNAMON APPLESAUCE HEAVENLY CARROT CAKE./DIET CAKE	FLAVORFUL LASANGA W/MEAT SAUCE CRISPY TOSSED SALAD WARM IT. BREAD JUICY APRICOTS	SWEET AND SOUR PORK OVER FLUFFY WHITE RICE – 8 OZ. FRESH PINEAPPLE WARM DINNER ROLL CREAMY PUDDING/TAPIOCA	COUNTRY STYLE CHICKEN & BISCUITS FRESH CAPRI MIXED VEG. TROPICAL FRUIT JUMBO CREAM PUFF	CHEESY MACARONI & CHEESE SAVORYT ROASTED VEG. – MANDARIN ORANGES BUTTERY DINNER ROLL
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
CREAMY EGG SALAD SAND. HEART-HEALTHY VEG. SOUP CHILLED PEACHES VANILLA ICE CREAM W/ CHOC SAUCE	HOMEMADE DUTCH LETTUCE BUTTERED NOODLES GLAZED HAM SL. CHILLED PEARS DINNER ROLL WARM APPLE PIE	SLOW COOKED SWEDISH MEATBALLS OVER EGG NOODLES GLAZED CARROTS WARM DINNER ROLL. DIET/REG FRUITED STRAWBERRY JELLO	GRILLED CHICKEN BREAST FLAKY DINNER ROLL LETTUCE/TOMATO CRISPY FRENCH FRIES – SWEET CORN SATINY CHOC. PIE	CHIPPED BEEF OVER TOAST TIPS OR VELVETY GRILLED CHEESE RICH TOMATO SOUP OVEN-BROWNED TATER TOTS MIXED VEG. – SWEET RASPBERRY COOKIES	PHILLY STEAK SUB – CRSIPY SWEET POT. FRIES STEAMED BROCOLLI DIET/SUGAR COOKIES	LEAN HOT DOG ON ROLL SUN CHIPS BROWNED BAKED BEANS CHILLED PEARS DELECTABLE STRAWBERRY ICE CR.